

# Domestic Violence Awareness Matrix

## STEP INSIDE THE BOX

When you learn a friend is battered, listen. Don't judge. Believe her. Give her a CVAN card. Listen some more.

Clean out - donate to CVAN's "Cool Used Stuff" Thrift Store...then stay to Shop!

Write a check. Make a gift. Give monthly, give annually.



Make a "Meal-A-Month" for Shelter Families.



Enjoy the Tucker Garden Tour To Benefit CVAN

Carry CVAN's card. Know the hotline - 704.788.2826. Share it. Battering can happen to anyone.



Consider including CVAN in your will.

Organize a drive for CVAN - food, paper products - call for our most pressing needs.

Attend CVAN's Women 4 Women Luncheon in August.



Remember Domestic Violence Awareness month In October



Mow a yard...or 2! We have yard work all year long.

Join Men For Change in the Spring. Be a role model. Real men are kind to women.

# CVAN

safety, shelter & support  
for battered women & their children

24-hour hotline: 704.788.2826  
bus: 704.788.1108  
thrift store: 704.721.9020  
[www.cvan.org](http://www.cvan.org)